Hof van Saksen

Spa & Wellness

Care & love for yourself

At Hof van Saksen, you come to truly get away from it all for a few days. In a beautiful setting with plenty to do, you reconnect with your partner, family or friends. In other words: we-time...

But what we consider just as important is me-time: time that is entirely yours to spend exactly the way you like. In the hustle and bustle of everyday life, this is often the first thing to be neglected. A few hours in our Spa & Wellness may well be the most wonderful me-time you could wish for. In this beautiful, calming space, you can choose from a range of facial and body treatments, massages, pedicures and manicures.

We offer tailored treatments for all guests, including our younger guests. You can also enjoy a delicious lunch in between treatments or afterwards. In what we call our sauna landscape, you will find two Finnish saunas, an infrared sauna and a steam bath.
The plunge pool and luxurious whirlpool are waiting for you there as well. Or head straight to our sauna garden or relaxation room, where you don't have to do anything at all. Other than daydream a little, read, unwind and recharge.

In short: treat yourself to some me-time at Hof van Saksen, with attention, love and care for yourself. Afterwards, you'll be completely recharged and ready to take on the world again.

Facial treatments

Personal attention

All [comfort zone] treatments are performed as a fully massage-based experience and begin with a tranquillity welcome ritual. By carrying out every part of the treatment in this way, you experience complete relaxation. Every skin is different and therefore requires individual attention. Our beauty therapists have the specialist knowledge and techniques to analyse your skin. Together with you, they create a personal treatment plan.

Joy of beauty

Relaxing facial treatment: hydrating, soothing or purifying. A pleasant treatment specially developed for what your skin needs at that moment.

Joy of beauty facial 60 minutes | 87.5
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, deep cleanse, removal of impurities, facial massage, mask, scalp massage and day care.

Joy of beauty facial deluxe 75 minutes | 106.5
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, deep cleanse, removal of impurities, facial massage, peel-off mask, scalp massage, ampoule and day care.

Men's facial

An exclusive facial treatment for men that protects the skin against ageing, dehydration and impurities. Give your skin a fresh and energised appearance.

Men's facial 60 minutes | 87.5
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse,

deep cleanse, removal of impurities, facial massage, mask, scalp massage and day care.

Skin Regimen

The perfect treatment for modern forms of fatigue and an urban lifestyle. For anyone with little time and stressed, dull and/or ageing skin.

Skin Regimen facial 60 minutes | 89.5
This treatment includes: skin analysis, eyebrow shaping, Skin Regimen welcome ritual, cleansing, deep cleansing or fruit acid peel, removal of impurities, mask, scalp massage and day care.

Skin Regimen facial deluxe 75 minutes | 106.5
This treatment includes: skin analysis, eyebrow shaping, Skin Regimen welcome ritual, cleansing, deep cleansing or fruit acid peel, removal of impurities, facial massage, mask, scalp massage and day care.

Sublime Skin Anti Aging

An intensive anti-ageing treatment that immediately firms, lifts and brightens the skin. High-quality ingredients and a refined lifting massage provide instant results.

Sublime facial 60 minutes | 107
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, micropeel lotion, removal of impurities, lifting facial massage, Sublime Skin Lift Mask, scalp massage and day care.

Sublime facial plus 75 minutes | 119
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, double peel, removal of impurities, lifting facial massage, Sublime Skin Peel-Off Mask, scalp massage and day care.

Sublime facial deluxe 90 minutes | 135
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, double peel, removal of impurities, lifting facial massage, eye mask, Sublime Skin Peel-Off Mask, head massage, ampoule and day care.

Super peel

Skin-improving peel treatment tailored to the skin's condition. Designed to remove dead skin cells and stimulate cell renewal for a more even complexion.

Super peel facial 60 minutes | 90
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, double peel, removal of impurities, brightening mask, scalp massage and day care.

Super peel facial deluxe 75 minutes | 107.5
This treatment includes: skin analysis, eyebrow shaping, tranquillity welcome ritual, gentle cleanse, double peel, removal of impurities, facial massage, brightening mask, scalp massage and day care.

Seasonal treatment

Discover our seasonal treatment. A unique facial treatment tailored to the specific needs of the skin during this season. With carefully selected ingredients and techniques, we offer exactly what your skin needs right now. Curious about the current treatment? Visit our Spa & Wellness reception.

Complete your treatment | 32.5

Choose two additional beauty treatments below:

- Eyebrow tint
- Eyelash tint
- Eyebrow shaping/waxing
- Chin waxing
- Upper lip waxing

Body treatments

Complete relaxation

Escape the hustle and bustle of everyday life and experience the relaxation of one of our body treatments. During all our treatments, we use [comfort zone] products. The products, treatments and rituals are created with powerful natural ingredients and deliver the most effective results. To offer you an unforgettable experience, we use a unique treatment method that combines traditional and modern techniques.

Body strategist

Body strategist tone 60 minutes | 85
A tailored body wrap that provides firmer, smoother and softer skin thanks to a scrub or peel and a nourishing firming mask. This treatment includes: a tranquillity welcome ritual, scrub or peel, wrap, head massage and body cream.

Body strategist cellulite 60 minutes | 85
An intensive detoxifying and draining treatment. Detoxifies and relieves areas where cellulite and fluid retention occur. This treatment includes: a tranquillity welcome ritual, peel, wrap, head massage and body cream.

Body strategist mother 60 minutes | 85
A wonderful body treatment during and after pregnancy. Thanks to the firming and nourishing action of the natural active ingredients, your blood circulation will improve while fluid retention and stretch marks are reduced. This treatment includes: a tranquillity welcome ritual, scrub, firming wrap, head massage and a nourishing body cream.

Himalaya salt treatment

Himalaya salt treatment 60 minutes | 85
A detoxifying and nourishing body treatment using pink Himalayan salt stones, which have a powerful healing effect on your skin. This treatment includes: a tranquillity welcome ritual, warming the body with Himalayan salt stones, Himalayan salt wrap, head massage and a nourishing body cream.

Tranquillity

Tranquillity scrub ritual 60 minutes | 92.5
This wonderful scrub massage relaxes your muscles and leaves your skin radiant and soft. An effective sugar crystal scrub with a rich texture.

Relaxation massages

Tranquillity

Tranquillity pro sleep ritual 60 minutes | 92.5
This treatment provides deep relaxation, better sleep and a balanced mind. It combines the synergy of a unique blend of essential oils, the tranquillity sound and soft, relaxing touches. Soft brushes are also used.

Tranquillity magnesium salt ritual 60 minutes | 92.5
A relaxing treatment that helps release stress and daily tension. Inspired by traditional Indonesian rituals and translated into a modern experience, it brings body and mind into balance.
A magnesium-rich blend is applied with soft gloves using slow, flowing movements, helping the body to relax while promoting warmth and suppleness.

Relaxation massages

Relaxation massage 30 minutes | 58.5
Relaxation massage 45 minutes | 84.5
Relaxation massage 60 minutes | 92.5
A full and relaxing body massage using wonderfully warmed oil. A moment to give yourself the attention you deserve.

Head massage 30 minutes | 58.5
During this wonderfully relaxing head massage, your head, face, hair, neck and shoulders are massaged with warm oil. This helps reduce tension and creates a deep sense of calm. Gentle strokes are alternated with targeted pressure techniques for an optimal relaxing effect. This treatment is also suitable during pregnancy.

Foot massage 30 minutes | 58.5
During this massage, your feet and lower legs are massaged with oil. This treatment is relaxing and helps improve circulation. A nourishing foot cream is

applied at the end.

Head and foot massage 45 minutes | 84.5
This combination treatment massages your head, face, hair, neck, shoulders, lower legs and feet with warmed oil. A nourishing foot cream is applied at the end. This treatment stimulates circulation and is deeply relaxing. This massage is suitable during pregnancy.

Tip

We also have a duo room and children's massages that can be booked together.

Massages

Give your body and mind the attention they deserve. Reserve one of the treatments below and unwind.

Classic massages

Classic massage 30 minutes | 58.5
Classic massage 45 minutes | 84.5
A firm massage of the back side of the body. During this treatment, waste products are released and muscle function and metabolism are improved. This massage is used for pain, excessive muscle tension, combating fatigue and promoting blood circulation.

Anti-stress massage

Anti-stress massage 75 minutes | 110
Experience deep relaxation and let go of stress with our anti-stress massage. Calm, flowing movements and warm aromatic oils help reduce tension and bring body and mind to rest. Before the treatment, you choose a fragrance that suits you for a personal and relaxing experience.

Hot stone massages

Hot stone massage 30 minutes | 58.5
Hot stone massage 45 minutes | 84.5
Hot stone massage 60 minutes | 92.5
A relaxing massage of the back side of the body. Your body is first warmed with warm volcanic basalt stones. You are then massaged with both the basalt stones and by hand. This massage promotes the removal of waste products, relaxes the muscles and has a calming effect in times of stress.

Pregnancy massages

Pregnancy massage 45 minutes | 84.5
Pregnancy massage 60 minutes | 92.5
Surrender to complete relaxation of body and mind. During pregnancy, your body can use some extra care. This is a full-body massage using a warm water cushion. This massage is suitable between 12 and 36 weeks of pregnancy.

Foot reflex

Foot reflex 60 minutes | 92.5
Experience pure relaxation. Through gentle massage of specific reflex zones in the feet, the body is subtly stimulated to release tension and return to a natural state of balance.

Tip

Combine your treatment with a wonderful sauna experience. Discover our sauna packages.

For our youngest guests

Pretty kids

Especially for children aged 6 to 16, we have created various treatments for the face, hands and body.

Pretty face

Pretty face 30 minutes | 42.5
A first introduction to a wonderfully relaxing facial treatment especially for young skin. The skin is cleansed and soothed, resulting in fresh and radiant skin.

Teen clean face

Teen clean face 45 minutes | 72
A deep-cleansing treatment in which a double cleanse is applied, impurities are removed and the skin is soothed and hydrated.

Pretty hands

Pretty hands | 72
During this treatment, the nails are shaped with a file. The hands are scrubbed, the cuticles are cared for, and a nourishing serum and cream are massaged in. The treatment is finished with nail polish. The nail polish worth 24.75 is a gift and may be taken home.

Relaxing body massages

Relaxing body massage 6 to 11 years 30 minutes | 42.5
Relaxing body massage 12 to 16 years 45 minutes | 72
This body treatment is a first introduction to different massage techniques, including hot stone.

Manicure

Complete manicure

Manicure | 78.5
A lovely and complete manicure treatment. During this treatment, your nails are filed, the cuticles are cared for, your hands are scrubbed and massaged with a wonderful hand cream. Your nails are polished with O·P·I Infinite Shine nail polish. The colour polish worth 24.75 is a gift and may be taken home after the treatment.

O·P·I gelcolor treatment | 65
During this treatment, your nails are filed, cared for and prepared for polishing. Your nails are polished with a gelcolor shade and afterwards cared for with oil and a lovely hand cream. For removing your polish at home, a soak-off kit is available for purchase.

O·P·I Nature strong

Discover the products of O·P·I Nature strong. O·P·I introduces the first and only professional line that applies quality and efficiency in high-end products, specially developed for the care of hands and feet. The luxurious manicure and pedicure formulas have been exclusively developed with the most innovative ingredients to nourish and protect hands and nails. Nature strong offers an extensive range of products.

Pedicure

Complete pedicure

Pedicure | 65
During this pedicure treatment, your nails are trimmed, the cuticles are cared for, calluses are removed and any corns and/or ingrown toenails are treated. We finish with a nourishing foot cream.

Cosmetic pedicure | 65
A wonderful and complete pedicure treatment. Pure pampering for your feet. This treatment starts with a foot bath, the nails are trimmed and filed, the cuticles are cared for, the feet are scrubbed and a nourishing cream is massaged in.

Cosmetic pedicure with Infinite Shine nail polish | 78.5
The colour polish worth 24.75 is a gift and may be taken home after the treatment.

Cosmetic pedicure with gelcolor | 82.5
For removing your polish at home, a soak-off kit is available for purchase.

Sauna landscape

Immerse yourself in an oasis of warmth and relaxation. Discover our versatile sauna facilities, where each sauna offers a unique experience for body and mind. Between sauna sessions, take the time to enjoy a flavourful lunch, a refined bite or a refreshing drink. Leave the hustle and bustle of the day behind and fully unwind in an atmospheric setting where relaxation takes centre stage.

Himalayan salt sauna 90°C

Step into our traditional Finnish sauna and experience the power of pure warmth. At a temperature of around 90 degrees, this sauna stimulates circulation, relaxes the muscles and helps the body eliminate waste products.

The addition of mineral-rich salt supports the cleansing effect and cares for the skin, while carefully selected aromas create an extra sense of peace and wellbeing. The warm scent of wood combined with subtle fragrances creates a deeply relaxing experience for body and mind.

Finnish sauna 60°C

Enjoy the pleasant warmth of our 60-degree Finnish sauna. This milder temperature offers a comfortable experience, perfect for those who prefer a gentler version of the traditional sauna while still benefiting from relaxation and improved circulation.

Steam herbal infusion 45°C

Experience the soothing effect of our steam cabin, where warm, moist air envelops and completely relaxes the body. The steam helps the muscles relax, purifies the skin and hydrates the body. Ideal after exercise or simply to fully unwind.

Infrared sauna 40°C

Enjoy the gentle, radiant warmth of our infrared sauna, which penetrates deeply into muscles and tissues. The comfortable loungers provide perfect support, allowing you to fully relax while the warmth stimulates circulation and supports muscle recovery. Ideal for reducing stress and creating moments of calm for body and mind.

Sauna entrance

- Hof van Saksen guest 25
- External day guest 35
- Bathrobe rental 8.5
- Towel rental two towels 8.5
- Flip-flops 8.5

Foot bath

Before entering the sauna, it is lovely to gently warm your feet in the foot bath. The warm water opens the pores and stimulates circulation, allowing your body to perspire more easily during your sauna session. At the end of your sauna round, you can use the foot bath again to bring your body back to a comfortable temperature and cool down in a relaxed way.

Plunge pools

The plunge pool offers a pleasant way to cool your body down after the sauna. Because the water is not extremely cold, you can immerse yourself in it comfortably without a shock response. A short dip stimulates circulation, refreshes the mind and completes your sauna experience, while your body remains comfortably at temperature. To cool down properly, we also offer cold showers both indoors and outdoors.

Luxury whirlpool

Once you have cooled down after your sauna visit, you can continue to relax in the bubbles. The water jets and air bubbles create a wonderfully soothing effect. The luxury whirlpool can be found outside in our sauna garden with loungers.

Swimwear days*

Every Wednesday and Saturday are swimwear days in our Spa & Wellness. On these days, access to the sauna landscape is only permitted in swimwear. Wearing swimming trunks, a swimsuit or bikini is mandatory throughout the day. On all other days, the sauna landscape is swimwear-free. Slippers are always compulsory.

***During the Dutch school holidays, we offer an extra weekday swimwear day. In the morning until 1.00 pm, there is a special moment for families with children aged 8 and over. Check availability and book directly via our app.*

Sauna packages

Deep Relax | 18
Recover, unwind and recharge
Complete your treatment with the sauna, including a welcome drink.

Relax & Recharge | 50
Fully relax and recharge
Day access to the sauna landscape, use of bathrobe, towels and slippers, plus a welcome drink, lunch and one beverage.

Ritual Deluxe | 150
Inner balance & wellbeing
Day access to the sauna landscape, use of bathrobe, towels and slippers, a welcome drink, lunch and one beverage. Includes your choice of a Joy of beauty facial or a 60-minute relaxation massage.

Serenity for Two | 280
Peace & luxury for two
Day access to the sauna landscape, use of bathrobes, towels and slippers, two welcome drinks, lunch and two beverages. Includes a 60-minute duo relaxation massage.

Me Time Deluxe | 245
Entirely for yourself
Day access to the sauna landscape, use of bathrobe, towels and slippers, a welcome drink, lunch and one beverage. Includes a 60-minute relaxation massage and a 60-minute Joy of beauty facial.

Fitness

Fitness room

You are very welcome in our extensive fitness room. Put on your sportswear, bring a towel and train free of charge on our professional equipment. The fitness room is only accessible for guests aged 16 and over and exclusively for resort guests.
Fitness towel rental | 3.5

Please check the Hof van Saksen App for the opening hours of the Fitness, Spa & Wellness and the sauna landscape.

Babysitting service ‘Bij Ot & Sien’

Would you like to enjoy a visit to the Spa & Wellness together? Then make use of the babysitting service at childcare centre Bij Ot & Sien. Bij Ot & Sien offers childcare facilities for children from 6 weeks old and works with qualified, committed and skilled staff, all of whom hold an SPW level 3 or 4 diploma and a certificate of conduct.

Please check the Hof van Saksen App for more information and contact details regarding the babysitting service.

Spa etiquette

Relax and enjoy

Our Spa & Wellness is all about relaxation and tranquillity. You and all other guests are entitled to privacy and serenity. Please switch off your mobile phone and leave it in your locker while staying in the Spa & Wellness.

Good to know

- We recommend reserving the various treatments and massages in advance to avoid disappointment.
- For hygiene reasons, it is mandatory in the sauna (except in the steam cabin) to sit on a towel, with your feet also resting on the towel. Towels can be rented at the reception in our Spa & Wellness.
- For booked treatments, we kindly ask you to arrive at least 10 minutes before the start.
- The stated treatment times are indicative and include any explanation, changing and/or showering.
- We advise you to rest sufficiently and drink enough after a treatment for optimal results.
- Guests under the age of 18 require permission from a parent/guardian to undergo treatments and massages.
- For guests under the age of 14, a parent/guardian must be present during the treatment.
- The sauna and fitness are only accessible for guests aged 16 and over.
- It is not permitted to consume your own food and drinks in the Spa & Wellness.
- Hof van Saksen accepts no liability for any loss or theft of personal belongings and/or valuables brought by the guest, nor for injury to persons and/or damage to property.

Health guidelines

- It is important to inform us in advance (when making your reservation) of any allergies or injuries that may affect your treatment.
- Before a treatment, we kindly ask you to provide relevant (medical) information, preferably already at the time of booking. This includes pregnancy, high blood pressure, heart conditions, epilepsy and when you are under the care of a specialist. If you have specific questions or doubts, please consult your GP/specialist in advance.
- Are you pregnant? We offer special treatments for expectant mothers. Our team will be happy to advise you on which treatments are most suitable for you during this special time.

Cancellation policy

Hof van Saksen reserves the right to charge a percentage of the reserved treatment costs in the event of cancellation:

- Up to 24 hours before the start: 50%
- From 24 to 12 hours before the start: 75%
- Within 12 hours before the start: 100%